

BORED? PICK AN ACTIVITY!

Things you can do without mom's help. Remember to clean up after yourself.

Tweens and Teens

Compose a song on your instrument



Bike or walk to the library, local pool, or approved hang out spot (requires permission)



Cook a meal /bake a cake



Fix something around the house or in the garage (if you have the skills and have checked w/ a parent first)



Home spa day (search Pinterest for ideas)



Make a home movie with friends



Write a poem, book, or short story and find a contest to enter it in



Draw a portrait or landscape and find a contest to enter it in



Make a picnic lunch



Repurpose it! Turn recyclables or old household goods into something new



Create a collage using pictures from magazines and catalogs



Ten and Under

Make colored ice cubes using juice



Freeze Lego characters in ice cubes, then have a Lego ice cube war on a cookie sheet



Make a bean mosaic on wax paper



Hunt for bugs in the yard



Call a grandparent, aunt, or uncle



Create a comic book



Hula Hoop contest



Sidewalk chalk art contest



Paper bag puppet show



Build a fort



Create a circus routine, produce a home movie, or write a play

